



University of Southern California

Student-Athlete Academic Services

In Pursuit of Academic Excellence * Personal Development * Community Service * Career Development

NCAA/USC POLICIES AND PROCEDURES FOR STUDENT ATHLETES TAKING ADHD MEDICATION

All student-athletes taking medication for ADHD must comply with the following guidelines:

- Student-Athletes diagnosed with ADHD in childhood should provide records of the ADHD assessment and history of treatment. Student-Athletes treated since childhood with ADHD stimulant medication *but who do not have records of childhood ADHD assessment*, or who are initiating treatment as an adult, must undergo a comprehensive evaluation to establish a diagnosis of ADHD. It is the responsibility of the student-athlete to make an appointment with the psychologist and the psychiatrist in USC Student Counseling Services for this evaluation. Appointments may be made at (213) 740-7711. Please identify yourself as a student-athlete.
- Student-Athletes treated with ADHD stimulant medication should receive, at a minimum, annual clinical evaluations. These evaluations are available through USC Student Counseling Services and scheduling is the responsibility of each student. Appointments may be made at (213) 740-7711. You will need to identify yourself as a student-athlete and indicate that you have been seen by the psychiatrist in the past (Dr. Stan Harris, Dr. Robert Martin).
- Student-Athletes should have access to a comprehensive continuum of care including educational, behavioral, psychosocial, and pharmacological services provided by licensed practitioners who have experience in the diagnosis and management of ADHD. You may contact your SAAS Learning Specialist and/or the USC Student Counseling Services with any concerns.
- Any student-athlete who has not followed proper procedures for disclosing information regarding ADHD medication may not be eligible to have an appeal for reinstatement filed by the USC Athletic Department on their behalf.
- For information regarding the medical exceptions for banned substances, please refer to the following link on the NCAA website:

<http://www.ncaa.org/wps/wcm/connect/public/ncaa/health+and+safety/drug+testing/resources/medical+exceptions+for+banned+substances>



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STIMULANT MEDICATION POLICY FOR STUDENT-ATHLETES

In order to request a medical exception for ADHD stimulant medication use, it is important that USC have on file documentation that an evaluation has been conducted, the student-athlete is undergoing medical care for the condition, and the student-athlete is being treated appropriately. USC must have on file the following:

- a. Description of the evaluation process which identifies the assessment tools and procedures.
- b. Statement of the diagnosis, including when it was confirmed.
- c. History of ADHD treatment (previous/ongoing).
- d. Statement that a non-banned ADHD alternative has been **considered** if a stimulant is currently prescribed.
- e. A copy of a recent prescription.
- f. Written documentation of annual follow-up by prescribing physician should be available if needed.

In addition to ensuring the documents above are on file, the student-athlete must also comply with the following procedures:

1. Sign the “Authorization for Release of Information” between SAAS, Athletic Training Office, Disabilities Services & Programs, Student Counseling Services, and NCAA Compliance if applicable.
2. Notify USC Athletic Trainers of diagnosis and treatment/medication.
3. Provide SAAS a copy of documentation of diagnosis/evaluation.
4. Maintain a copy of annual physician’s statement.
5. Register each semester with Disability Services & Programs. You may do this by following the registration procedures at: <http://www.usc.edu/disability>

All of these policies should be followed if a student wishes to be eligible for an appeal to NCAA should he/she test positive for banned substances through NCAA drug testing.

By signing below, I agree to comply with these guidelines, procedures and conditions.

Signature

Date

Student ID #

Date Of Birth